

A Comparison of Theories Denoting a Threefold Structure to Human Mental Tendencies vis-à-vis Behavior or Emotional Expression.

| Theoretical Model (+ originating authors and dates) | Types of Behavior Observed | Types of Behavior Observed | Types of Behavior Observed |
|--|--|---|--|
| Animal physiology (Walter B. Cannon, 1915) | Fight | Freeze | Flight |
| Single cell biology (Bajramovic & LeMay, c.2011) | DMT <i>(Detect & Move Toward)</i> e.g. food seeking | R @ R <i>(Remain at Rest)</i> | DMA <i>(Detect & Move Away)</i> e.g. predator avoidance |
| E.R.G. Motivation Theory (Clayton P. Alderfer, 1972) | Growth Needs | Relatedness Needs | Existence Needs |
| Learning Mindset Model (Carol S. Dweck, 2006) | Growth Mindset | Mixed Mindset | Fixed Mindset |
| Primal Process Model (Hifzija H. Bajramovic, 2015) | Fighting Mindset | Appeasing Mindset | Defeated Mindset |
| Child Temperament Model (Chess, Thomas & Birch, 1965) | Difficult | Easy | Slow to Warm |
| Transactional Analysis (Eric Berne, 1957) | Parent | Adult | Child |
| Business Leadership Model (Patricia Pitcher, 1995) | Artists | Craftsmen | Technocrats |
| Hindu Yogic Philosophy (Patanjali, c. 2 nd -4 th century CE) | Rajas Guna <i>(Action principle)</i> | Sattwa Gun <i>(Balancing principle)</i> | Tamas Guna <i>(Braking principle)</i> |
| The 5 Mental Poisons (unknown ancient Buddhist author) | Desire / Anger | Pride & Jealousy | Aversion / Hatred |

Though the above comparative table does not claim there is an exact concordance between each of these 10 independently-derived theoretical models, the degree of behavioral similarity as relates to the three-part **Fight, Freeze and Flight** instinct complex is noteworthy nonetheless from a *comparative science* point of view. Moreover, this type of analysis is widely regarded to represent a legitimate source of suggestive evidence, and what it suggests is that these similarities reflect reiterating expressions of a common underlying biological imperative out of which each ultimately evolved over time.